

# Nursing Personal Statement Format

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My desire to apply for Adult Nursing stems from my aspiration for a career as a Health Visitor. Since having my own children, I have been interested in health & wellbeing especially after my first child who, unknown at first, was intolerant to milk and very unwell for the first few months. The support and understanding from my health visitor was inspiring and put me completely at ease with my baby. She helped me through a challenging time and I would like to be able to offer the same encouragement and compassion to other new mothers.

As a former employee of the National Health Service, I learnt a lot from working with patients and colleagues. I enjoyed supporting others and loved the time I spent working in the healthcare environment. During my 10 years as a Phlebotomist and Medical Laboratory Assistant (Advanced), my training and work were the equivalent to an NVQ Level 3 and included IT skills in Microsoft Outlook, the Patient Administration System and the Anticoagulant computer, DAWN AC, with physical skills in all Laboratory routine tasks, working within a team in clinics and the laboratory's and independently on projects. I attended many internal formal qualifications such as H.I.V, Health & Safety, Fire Awareness, Resuscitation and Self Assertiveness.

As a mature student I realised that my education and examinations would need updating and that is why I have studied Maths & English skills to level 2. I am currently studying the Access to HE Diploma (Health Professions) where I expect to do well in all aspects. So far I have enjoyed the DNA tasks and find inheritance & reproduction of life very interesting. After obtaining my Nursing Degree I would like to specialise on an Approved programme into Public Health visiting to become a Health Visitor.

Prior to working in the NHS, I was a housewife & mother. I found the role of motherhood rewarding, fulfilling and challenging at times,

but believe this has helped me become the person I am today; patient, understanding and

compassionate. Both motherhood and the NHS have given me excellent time management skills and helped me adapt too many situations such as calming down angry or worried patients at outpatient appointments and providing methodical waiting times.

Currently being self-employed means I have to be extremely organized with excellent delegation skills with a flexible attitude both with my work colleagues and customers. I am punctual, polite and have excellent attention to detail. My professionalism and pleasant personality were always appreciated with my hospital patients who regularly asked for me in clinics as they said they could understand me well and that I chatted with them and put them at ease during, often stressful and worrying situations. This is now also appreciated with my new clients, many of whom are elderly and feel secure and at ease with me in their homes. I hope in the future when I reach my goal, all of these will be useful in my role as a Health Visitor.

Socially, I enjoy the theatre and cinema as well as dining out with friends and family. My main hobby is my allotment, where I like to grow as much organic produce to keep myself and my family healthy. I like to travel around England and its Counties, meet the local people & visit their historic buildings and surroundings and when I have the time I really enjoy researching my family history and genealogy. My children are now adults so I feel now is the time that I can start working towards the career that I have waited many years to achieve. I am totally independent and ready for a new beginning. I hope that my future training and study brings me closer to the career choice I have made for myself and that your university is the place that I can start this very important new chapter. I therefore urge you to consider my application.

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Nursing is a profession suited to those that are caring, dedicated, reliable and patient. I have all these skills and feel that being a nurse would be the best way for me to utilise my abilities and develop an interesting and fulfilling career. I feel I have a realistic understanding of the nursing profession. An important characteristic of a nurse is to have the ability to understand others' needs and to be able to do so without prejudice. I am very glad that nursing is now taken seriously as a profession and that a degree is necessary to enter the field. I am excited at the prospect of learning how to be a nurse in such a thorough way and feel that gaining a nursing degree will give me the confidence to understand difficult care situations and to be able to react in the appropriate way, as well as predicting how to deal with patients. I have been to a number of open days at universities and I am looking forward to my training and the balance of classroom and practical learning.

I strongly believe in the values of the National Health Services and that good care should be available to all. I would like to play a role, however small, in ensuring their preservation. I chose to study Health and Social Care as an A-level, already thinking that I might choose nursing as a career. I particularly enjoyed learning about health care legislation and especially equality and diversity policies. I now know how important it is to maintain confidentiality and dignity in care settings and to respect the patient's choices and beliefs.

I am very aware that nursing is a challenging and difficult field and I know that being a nurse requires tremendous amounts of commitment and hard work. However, I feel that the sense of achievement gained from such a rewarding role would outweigh the challenges I will face as a nurse. I am about to start a job as a health care assistant with Sunrise Care in Manchester looking after patients with a variety of different needs, improving the quality of their lives and helping them to live independently. The way a patient is treated

stays with that individual for years and I wish to be a nurse who tries hard to provide the best care I possibly can. I have a genuine interest in doing a job where I feel I am making a difference to people's lives and providing comfort at a time when people are most vulnerable.

I like to challenge myself and enjoy solving problems. In the summer of 2013 I took part in a month-long volunteering trip to Kenya as part of a team of 15. The trip taught me how to work effectively as part of a team in order to achieve common goals. We completed a number of tasks that benefitted the local community. Since leaving college I have been working in Sankeys Nightclub (Manchester) as a member of the barstaff, which has taught me how to think on my feet and to deal with stressful situations.

I enjoy working with members of the public from different backgrounds and different ages, as part of a team of colleagues; no two days are the same and I find this way of working exciting and stimulating. I worked as part of a campaign in the summer of 2014 helping a company sponsored by the NHS to promote a 'Smoke Free North West'. The campaign was designed to discourage children from starting to smoke. I had to converse with members of the public on the street and interview them about the campaign and record their opinions. I found the work enjoyable and I liked working with members of the public. My manager commended me for my positive and dynamic manner.

I am a social and friendly person who is at ease with a range of other people. I have been to a number of different schools and colleges, including a year in Chicago when I was 8 years old. I enjoy travelling, and have been to a number of places in Africa, America and Europe. I like the challenge of traveling and the excitement of encountering new things and new situations.